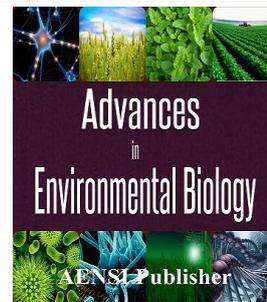




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Time Efficiency Management in Divan of Saeb Tabrizi: Killing of Time

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ABSTRACT

Time is undeniable reality that has significant effect on the society. Time requires management and it is necessary to offer solutions to enhance time efficiency. The importance of time can be traced in the works of the writers. This paper tries to investigate the importance of time in the divan of Saeb. Different explanations have been offered on the poems of Saeb but there is no research on his poems from time perspective. The couplets containing the concepts on time have been studied in order to find factors leading to killing of time for managing of time.

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INTRODUCTION

Time is a divine and secret blessing in human life and it is hidden affluence that plunders moments as a thief. According to Franklin Benjamin "Time is money" [15]. Time cannot be compared with money and gold. Nowadays, time is compared with life. When a man dies it is impossible to continue his life in other body and concerning to this fact killing time is compared with blowing spirit in other body that seems impossible. We kill time easily while we cannot return even a moment. We cannot save time so we have to manage time. "What we gain by time management is not having sufficient time but it is comfortable and optimal life. We need time to fulfill the personal and occupational goals. When we kill time indeed, we cannot do anything" [15].

Although we cannot interfere in time but we know how to employ time in optimal way. So, productivity leads to profit. The importance of time management can be found in the books written in all over the world. Even the prophets have said on time. Imam Ali says: "There is time for works do not kill the time and do the works on time" [18].

Time has been investigated from the perspectives of the Persian literature. Time is important from mystical point of view. This paper examines time in poems of Saeb Tabrizi.

Killing of time:

Mostly untidy humans do not manage time while humans are not untidy innately. Unfinished works prevent man from progress. So, it is necessary to manage time and prioritize works and prevent killing of time. "Most of difficulties in management of time are rooted in ignoring of time and considering time as a cheap item. Time is more valuable than money. If you lose money or invest it in rational way you can make money but it is impossible to produce time and you do not have chance to return time".

Saeb has beautiful poems on time and killing of time:

Killing of time is more painful

Than losing of offspring

There are valuable things in life that cause to humans to live hopefully with them. One of them is offspring. If a mother loses her child does he pay attention to spatial conditions? The response is negative. She searches everywhere to find her child since there is no things valuable than offspring for her. As it is seen Saeb considers time more valuable the offspring.

When we forget regret on the lost time

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Killing of time is as much regretful as losing offspring [2].

Saeb refers to killing of time and compares it with losing of child by this difference that time value is considered equal to offspring. He refers to losing of child more painful than offspring. Indeed, time was tangible for Saeb so that in his poems he could not forget its importance.

In other part, he considers killing of time equal to the healing dress for Job's eyes that time could be act as the dress of Joseph for Saeb. When a person manages his time he could fulfill his goals and solves his problems. While, he could not manage his time and now he prefers to compensate it with offering his part of body and begin to cry so that the blood is flown by his eyes and loses his sight. The man cannot fulfill his goals by killing of time.

Every product that we exchanged by time

It is better to not buy it though it is dress of Joseph

In the previous couplet we see that Saeb likens time to Joseph's dress. The resemblance is an important person and he was the head of Egypt but according to the poetical exemplars, Saeb breaches his simile in order to depict the importance of the time and introduces time more valuable than head of Egypt. This couplet expresses that what we gain by giving our time even the Egyptian Joseph is valueless. The biggest problem of management of time is considering time valueless. The humans use this divine blessing freely but they forget to manage time and employ time for substantiating of the goals. Time cannot be saved so we should be aware that we cannot return time.

Lament for killing of time

Whenever you cry for the properties of the world?

In this couplet Saeb advises the ignorant that has lost his time and he never thinks about it. He prevents him from the worldly affairs and he invites him to being sad for killing time. Then he informs him that time is more valuable than the worldly positions. Since this person is unaware that he could manage time and fulfill his goal. "If you hesitate more on the time structure for any goal and if you could not fulfill your goal on time you will be depressed soon. Be realistic and determine the time that you want to reach your goals. Be energetic and know that you can fulfill your goals".

We regret on the lost time

It is following caravan

Regret is souvenir of time passed in vanity and it prevents man from setting goals and then regret forever since the man encounters with difficulties and he regrets when deals with problems and by ignorance of time he transacts his success with time while, he could fulfill his goals and prevent failure.

Alan Lakein in the book on controlling of the life and time writes: "There is no point in saving of time unless you have saved time before success. Time control means control of life and to be guided instead of being controlled".

The aware man regrets on time

There is no lamenting except killing of time

Saeb expresses killing of time by comparing it with lamenting on other issues. He tries to distinguish killing of time with other sorrows and pains. The aware person seeks the opportunities since he could find the way of happiness by these opportunities and if he gains this chance and he would not use it in proper way he will be depressed and could not reach his goals. The feeling of failure prevents him from solving other problems. "If you are wise the time will be harassing for you (Dante)".

"Time is one of the undeniable parts of life. Success needs to time and the only way to have sufficient time for doing works that are more influential in your life is using time that is spent in other place. The individuals and conditions kill your time and decrease your efficiency and only by self discipline you could save your time" [21].

Useless conversations:

Useless conversations are the important factor in killing of time. Of the factors leading to killing of time can be referred to the followings that the man considers them the main guilty:

"Useless conversations kill time. It is estimated that we lose about seventy five percent of our time by talking with colleagues that unfortunately half of these conversations are useless and do not relate to work and they kill the time".

Spending time with talking

Is like planting flower on the tomb

Human should learn to use every moment and spend his time with the useful and efficient individuals. When the man spend his time with inefficient people he is placed in position that he puts a flower on the tomb or like a wine that is poured on the soil for the memory of the passed away people that they could not use the wine and this equals useless conduct. Useless conversions are fruitless and never guide the human toward destination.

Alas, our existence was spent with relatives

The spring of life passed by plundering of misery

The poet introduces time as existence of human and this is one of the best similes in his *divan* since time is related to human existence. When a person has a goal he fights with barriers and manages his time and indeed offers spirit on his existence to enjoy life. The poet believes that the man kills his time with his relatives and friends.

Spending time by vain talking is greed.

It is like to fruitlessness of cypress and willow

The good traits can be acquired and transferred easily. But it is difficult to acquire the good traits and it depends on the person effort. Fruitlessness of cypress and willow depicts that expecting fruit from these trees is impossible. The person who is inactive he could not solve the problems and be consulted. Those who know such individuals and spend time with them kill their times and their conduct is unjust exchange that the effects can be seen.

There is no fruit except anxiety at the moments

Alas, the times that I spent with talking

This couplet has similar content and Saeb tries warns us on value of time. He bans spending time for fruitless affairs since he believes that the man could reach his goals by management of time. In his opinion, time is wasted as seeds sown on the ground and these seeds prevent the birds from flying and it looks like a person that avoids working to spend time to speak with other one and he is deceived by seed.

But Robert Ohayersin book of *Management of Time Efficiency* not only does not know the interaction of people as a factor of wasting time but also he introduces interaction as benefits for people and time. He also writes: "One of the ways to freeing of time is persuasion of the people to help or dosing some of your duties. The best way is not forcing but it is persuasion to help you and you help them. Time management should not separate you from other people but it should empowers you to contact with people to fulfill your goals"[16].

In addition to referring to killing of time, Saeb believes that the man should avoid the affairs that waste the time.

Aimlessness:

Two thousand years ago Lucius anneus Seneca wrote: there is no wind for the ship that its destination is unclear. In spite of importance of goal setting, most people pass their life on the ships with unclear destination. They move forward and backward without having defined destination. These individuals are victim of conditions and opportunities instead of doing useful works" [14].

We spent life and now we are unaware

We are on the way as we are in the house

The main reason for inactivity is lack of goal setting. Since aimless person does not have time to manage it and as result he knows himself loser. Such person cannot enjoy life since he does not goal to make effort for it.

Futile affairs:

Doing futile affairs is result of aimlessness and it causes the man cannot to fulfill his goals.

For how long spend my time on water and soil

Whenever I seed on the fruitless soil

As no seed grows on the salty soil and the peasant cannot harvest products of it. Spending time on futile affairs equals planting on the salty soil. Whenever the person does not set goals in the life he loses time since goals determine destination of human beings.

"Do correct works, if you do not spend your time in important and necessary affairs that are profitable for you will lose your time" [17].

The chaos of the world cannot be ordered

Do not waste your time on it [2]

If a person decides to use her time in correct way she should plan in her life. Otherwise, she could not fulfill her goals. Saeb agrees on this principle and suggests that if the man does not plan for future and does not change his method and style he could not manage time and as a result his conducts will be futile.

"Do not waste your time on useless affairs and do works that enhance your efficiency"(Rush, 2006:49).

"Goal setting is important part of time management. Since it assures that you spend your time on correct affairs. Without goal setting you find more things that do not need them and this is killing of time. In other words, goal setting guides you in correct way and aids you to concentrate on the useful duties and do not waste even a minute" [18].

Incorrect planning:

Day is smallest and manageable unit of the fundamental time planning [20]. "The time is spent on planning is not wasted but it causes to time saving in long term"[10].

Incorrect beliefs and unawareness on planning cause that many individuals avoid planning and spend time without goal setting while; planning aids us to prioritize our works. The prioritization determines the importance and necessity of the affairs.

The time of people is spent on feeding the body

Nobody can release of this prison

The human soul is imprisoned in his body and the body prevents him to ascend. The unaware man spends his time on his body and never tries to rescue himself. He could release himself from this prison by time and spend his time on spirituality. When we do not manage time we cannot prioritize our affairs so we do futile jobs. Optimal time is imprisoned in the hours and whenever human does not fulfill goals and never make effort to reach goals he is imprisoned in the hours.

Nobody thinks on his heart

All people think about eating

According to this couplet thinking on eating causes the man to forget heart and as a result he is less motivated to succeed. If a person has a plan in his life he would think about emotions and inner perceptions and take steps toward happiness and perfection. When we spend our times on body and eating we cannot profit in our life and prioritize our duties. The prophet (peace be upon him) said: gluttony spoils the mind. Can we plan for future in this condition? Can we manage time properly?

Idealism:

“One of the ways to killing of time is idealism. Avoid strict idealism. Most of the times doing good but on time is better than doing well but late” [19].

The vagary on idealism wastes time

I took refuge on the paper and pen of madness

A broadminded and self reliance person tries to end his unfinished affairs compared to the person with obsession. The person suffering from obsession kills his time and he cannot finish his works on time as a result his life chaotic. “Some believes that perfectionism is not problem solver but it is problem” [11].

The reason for time management is assurance on the sufficient time for fulfilling specific goals in defined period of time” [16].

Vanity:

“Vanity in any type is the main problem of time. Since when you idle away your time you reach end before you begin and feel anxiety and sadness without any cause” [19].

I lost my time by idling away like a fly

When I experienced the taste of life

Sometimes humans are engaged in false pleasures so that they are prevented from pleasure on reaching goals. The ignorant person loses opportunities and only gains temporary pleasures. “Charles Dickens: Vanity is the thief of time control it” [17].

Dr. Lorry Piker writes: “Do not idle away your time in this case you solve all crises”.

Postpone:

The inefficient people postpone their important works. Use will and self discipline for postpone of the unimportant and unrelated affairs in order to have time for doing important affairs [14].

The life was when I thought about myself

The time was over when I began to do something [2]

One of the factors causing to ignorance of time is engaging in self and it is banned since it causes that human ignore his time and duties. In this couplet time is depicted important. When a person leaves a work unfinished and seeks pleasure indeed, he leaves pleasures and misled although there is no harm for him but he loses. “Time is passed and it cannot be returned. All successful individuals agree on this subject that they have thought about investing on time and they have managed their times” [13].

Delay:

Delay in doing works wastes time and it is the main cause of killing of time. Different factors prevent man to do his duties and lose chances.

Imam Ali said: “There is a specific time for any work. Do not delay the works since there is a duty for any time” [18].

She delays in kissing the lover

She never knows she has an enemy of time [9]

Delay is a natural among the humans. The man could identify the value of his work by concentration on it. When a work is highly valued it has a close association with our goal. If the man pays attention to this fact that delay has irrevocable effects he avoids delay.

The person who kills his time he will recognize his fault soon or late but his regret is fruitless and he could not return time.

It is regretful until the day of resurrection

The time we have lost in the life

Our goal should be fulfilled in a specific time in order to be successful in life. Doing affairs leading to success of human has a close relationship with time. In such works that influence our goals the opportunities play an important role in this regard. We always cannot compensate our mistakes and we regret forever in our life. The opportunities are divided into the smallest time units even into one minute. Perhaps it is insignificant but it is significant for a physician that tries to rescue his patient. The value of this insignificant moment is more. Optimal utilization of time is important.

Conclusion:

In this paper the authors investigated management of time and concluded that time efficiency means profiting of something. The viewpoints of the foreign writers were consistent to Saeb and they agreed on the importance of time. Human kills his time by ignorance and prevents his success by lacking of management. Futile conversations and useless conducts waste human time and they are rooted in lack of goal setting. The man should be careful about time and should not consider external factors as killer of time. The only cause of wasting time is oneself and he ought to find solutions to manage time. By management of self we could manage our time. We could restrict our contacts and useless affairs to manage time. Postpone and delay lead to killing of time. Humans need time to fulfill their goals. The goals are in the time framework and time should be managed. A person requires leaving his habits to live happily in life and he should be compatible with time. So we need time and we have to manage it and set our goals and prioritize our duties to use this spiritual blessing in optimal way.

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